

Prepared in cooperation with the Cambridge, Massachusetts, Water Department

Water Quality in the Cambridge, Massachusetts, Drinking-Water Source Area, 2005–8

Abstract

During 2005–8, the U.S. Geological Survey, in cooperation with the Cambridge, Massachusetts, Water Department, measured concentrations of sodium and chloride, plant nutrients, commonly used pesticides, and caffeine in base-flow and storm-water samples collected from 11 tributaries in the Cambridge drinking-water source area. These data were used to characterize current water-quality conditions, to establish a baseline for future comparisons, and to describe trends in surface-water quality. The data also were used to assess the effects of watershed characteristics on surface-water quality and to inform future watershed management.

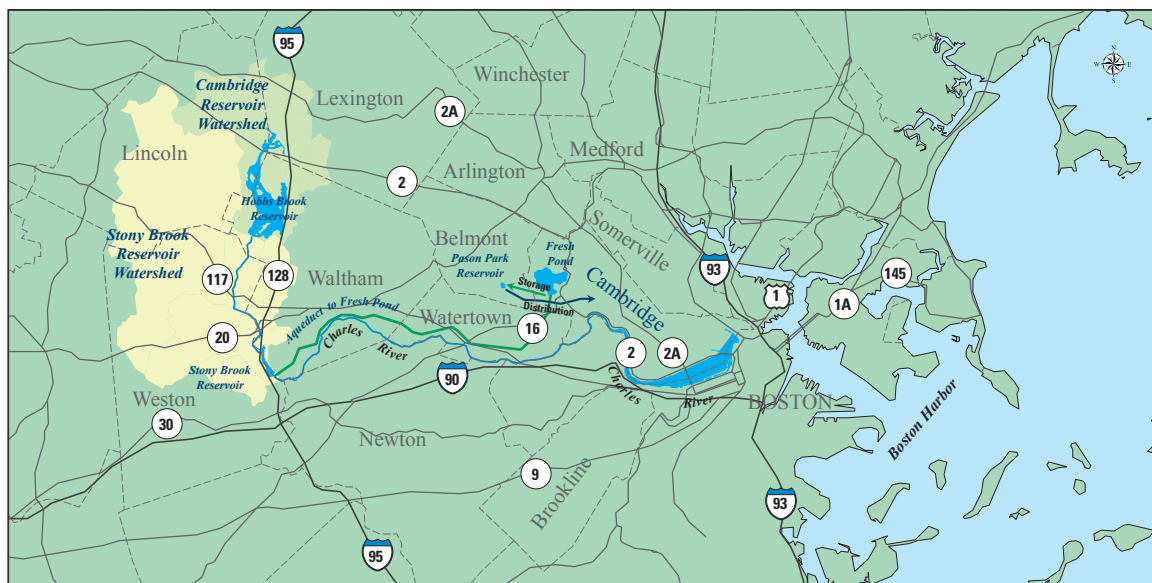
The USGS-Cambridge Water Department Partnership

The U.S. Geological Survey (USGS) and the Cambridge, Massachusetts, Water Department (CWD) have been working together since 1997 on programs designed to ensure that the Cambridge drinking-water supply is as free as possible from contaminants. Waldron and Bent (2001) assessed limnological conditions in the three serial storage reservoirs (Cambridge, Stony Brook, and Fresh Pond Reservoirs) and described the 1997–98 water-quality conditions in the drinking-water source area. Subsequently, the USGS and CWD designed and implemented a monitoring network for the tributaries flowing into the drinking-water supply reservoirs. Streamflow, water-quality, and meteorological data collected by the USGS from this network

are available to the public through the USGS New England Water Science Center’s Web page (<http://ma.water.usgs.gov>) and in published reports (for example, Smith, 2005). From 2004 through 2008, the USGS and CWD characterized water quality during base-flow (conditions generally representing only groundwater discharge) and storm-runoff conditions in four tributaries to the Cambridge and Stony Brook Reservoirs and in the main stem of Stony Brook, the primary source of inflow to the Stony Brook Reservoir (Smith, 2013). Currently (2015), the USGS, in cooperation with the CWD, operates water-quality monitoring stations on every major tributary and on the three reservoirs in the drinking-water source area.

The City of Cambridge Drinking-Water Supply System

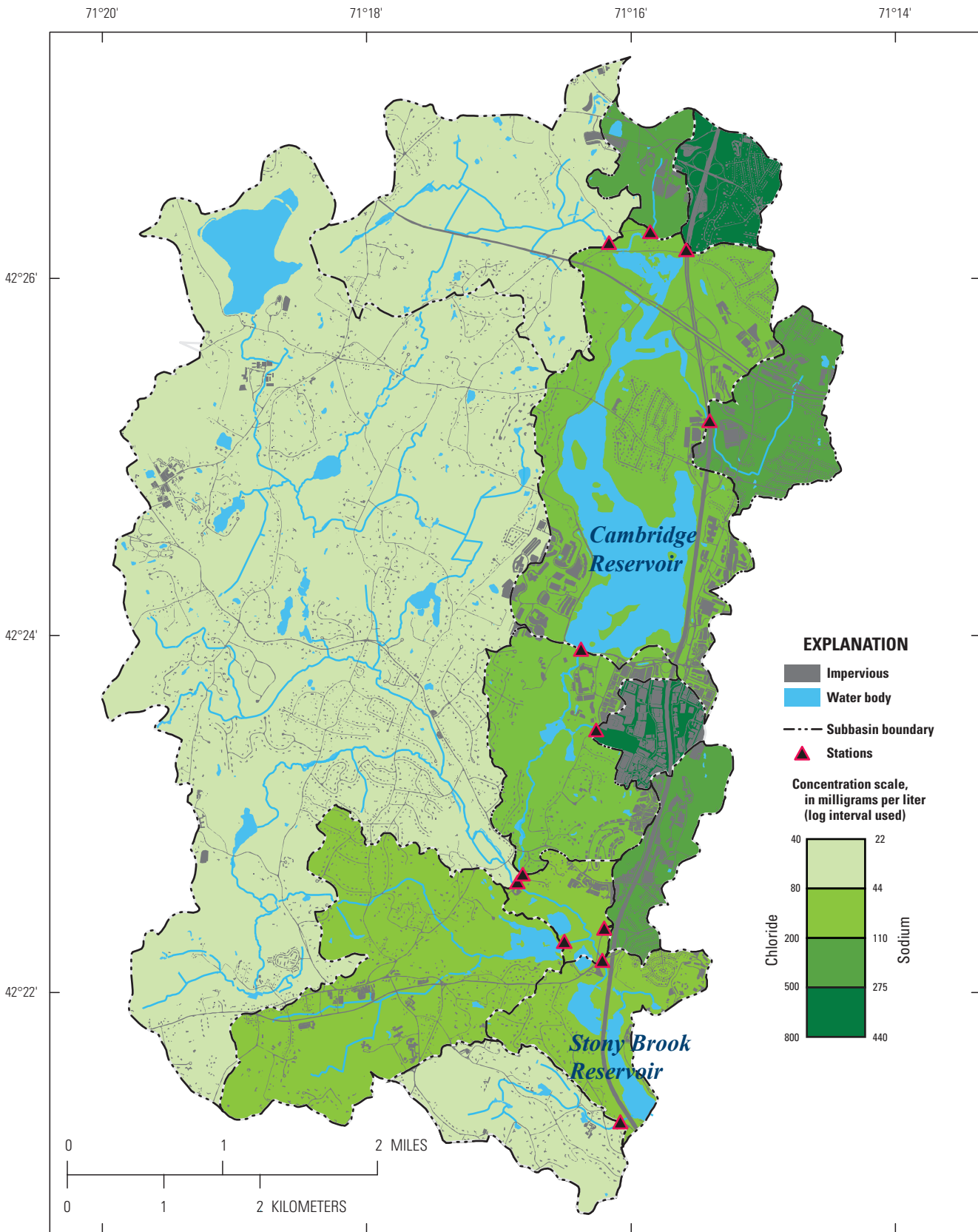
The CWD supplies approximately 15 million gallons per day of drinking water to more than 100,000 customers. The CWD obtains raw water from a serial system of three primary storage reservoirs—Cambridge Reservoir (also known as the Hobbs Brook Reservoir), Stony Brook Reservoir, and Fresh Pond Reservoir—in parts of Cambridge, Lexington, Lincoln, Waltham, and Weston, Mass. (fig. 1). These reservoirs receive inflow from a source area of 23.7 square miles. The Cambridge drinking-water source area contains major transportation corridors (Interstate 95, State Routes 2, 2A, 20, and 117) as well as large impervious areas of industrial, commercial, and residential land use (fig. 2). Only about 5 percent of this land is owned by Cambridge. The watershed for the Cambridge Reservoir includes Hobbs Brook and three unnamed tributaries that



EXPLANATION

- Capture areas**
- Hobbs Brook
- Stony Brook
- Aqueduct
- Flows

Figure 1. Map showing Cambridge drinking-water source area, Massachusetts.



Base from U.S. Geological Survey, Massachusetts Office of Geographic Information, Cambridge Water Department, Harvard Design and Mapping, and Boston Edison digital data, April 1998

Figure 2. Median concentrations of chloride in water samples collected during base flow from tributaries in the Cambridge, Massachusetts, drinking-water supply area, eastern Massachusetts, 2005–8.

discharge directly into the reservoir. Water is discharged from the southern end of the Cambridge Reservoir into Hobbs Brook, which joins Stony Brook about 1.6 miles downstream from the reservoir. Stony Brook flows southward from the confluence with Hobb Brook for about a mile and discharges to the Stony Brook Reservoir. Additional water enters both reservoirs from tributaries and roadway and parking-lot storm drains. Water from Stony Brook Reservoir is piped through an aqueduct by the CWD directly to Fresh Pond Reservoir, where it is stored prior to treatment. Overflow and controlled discharges from the Stony Brook Reservoir flow into the Charles River in Waltham.

Measurements of Source-Area Water Quality, 2005–8

Concentrations of Sodium and Chloride Highest in Tributary Subbasins Containing Large Impervious Areas

High concentrations of sodium and chloride are of special concern in the Cambridge drinking-water source area because they are not readily removed by conventional treatment processes. High concentrations of chloride can affect the taste of finished drinking water, and high concentrations of sodium contribute to hypertension in susceptible individuals. Although these elements are common in precipitation (generally less than 1 milligram per liter (mg/L); National Atmospheric Deposition Program, 2008); minerals and soils in the environment (Smith, 2005); and in septic effluent, industrial wastes, and wastewater, they also are major constituents of road salt and other deicing compounds used within the drinking-water source area. Deicing compounds readily dissolve, and associated ions are transported to nearby streams by surface runoff and groundwater discharge. The contribution of deicing compounds is great because of the large amount of impervious area and numerous roadways in the drinking-water source area (fig. 2).

Concentrations of dissolved chloride and sodium in samples collected from the tributaries throughout the drinking-water source area varied widely, particularly in the small subbasins where the effects of stormwater runoff and land development are greater (fig. 2). Tributary concentrations of these elements tended to increase during the summer, when streamflow is low, and decrease during higher base-flow conditions and stormflows, indicating that groundwater is an important source of chloride and sodium. The higher concentrations of chloride and sodium in base flow often were greater than the U.S. Environmental Protection Agency (EPA) 250-mg/L secondary drinking-water-regulation (SDWR) standard for chloride (U.S. Environmental Protection Agency, 2009) and the Massachusetts Department of Environmental Protection (MassDEP) 20-mg/L drinking-water guideline for sodium (Massachusetts Department of Environmental Protection, 2009). Median concentrations of chloride in samples collected during base flow in five tributaries along the Interstate 95 corridor exceeded the EPA SDWR standards (fig. 2). Concentrations of sodium in water samples collected throughout the drinking-water supply area, as well as from the raw-water intake at the Fresh Pond Reservoir, routinely exceeded the MassDEP drinking-water guideline. Concentrations of chloride and sodium increased with the road density in each tributary subbasin. During 2005–8, the estimated annual mean loads of sodium and chloride to the Stony Brook Reservoir were about 2,600 metric tons (t) and 4,800 t,

respectively. In a typical year, about half of the water—and thus half the sodium chloride—entering the Stony Brook Reservoir is diverted to Fresh Pond Reservoir, where it is processed as drinking water.

Concentrations of Nutrients Often Exceed Reference Values

Nutrients such as nitrogen and phosphorus are essential to the health and diversity of aquatic organisms. Biological and chemical processes can mobilize nutrients to or from the soil, reservoir sediments, water column, atmosphere, and organisms. Algae and aquatic plants take up chemical forms of each nutrient in accordance with their nutritional requirements. Generally, the nutrient that is in shortest supply relative to the nutritional needs of the plants will be the one that limits overall growth. Waldron and Bent (2001) determined that phosphorus was the limiting nutrient on plant growth in the Cambridge drinking-water reservoirs; thus, any increases in phosphorus would be expected to result in potentially excessive increases in plant growth, a process known as eutrophication. Eutrophication can lead to excessive amounts of plant biomass, which in turn can lead to reductions in dissolved oxygen concentrations, releases of trace metals from sediment, and unwanted effects on other aquatic life.

Common sources of phosphorus include weathered rocks and soils, fertilizers, and domestic (septic-system) and municipal (sewer-line) wastewater. Phosphorus is somewhat insoluble and tends to be associated with sediment and plant matter. Erosion of local soils and even washoff of winter-maintenance sands from roads and parking lots can increase phosphorus concentrations in receiving waters. Common sources of nitrogen are precipitation, emissions from automobiles, degradation of natural organic matter, fertilizers, and domestic and municipal wastewater. Measured concentrations of total nitrogen and total phosphorus in water samples collected from subbasins in the drinking-water supply area ranged from 0.42 to 5.13 and from 0.006 to 0.80 mg/L, respectively (fig. 3). Median concentrations for total nitrogen and total phosphorus were about 1.5 mg/L and 0.03 mg/L, respectively.

Concentrations of total nitrogen and total phosphorus generally exceeded the proposed reference concentrations of 0.57 mg/L and 0.024 mg/L, respectively, for Level 3, Ecoregion 59 (U.S. Environmental Protection Agency, 2000). These reference values, which represent the 25th percentile of all nutrient data for Ecoregion 59, are intended to protect streams and rivers from the adverse effects of nutrient enrichment and eutrophication. Concentrations of total nitrogen exceeded this reference concentration in 94 percent of all water samples collected from the five monitoring stations during base-flow and storm conditions and in 100 percent of all samples collected from the raw-water intake at the Fresh Pond Reservoir. Concentrations of total phosphorus exceeded this reference concentration in 56 percent of all water samples. With few exceptions, concentrations of total phosphorus in all composite stormflow samples exceeded the reference value (fig. 3). Generally, concentrations of total phosphorus in samples collected during base-flow conditions were near or below the reference concentration. Concentrations of total phosphorus were similar among the four tributaries despite differences in land use.

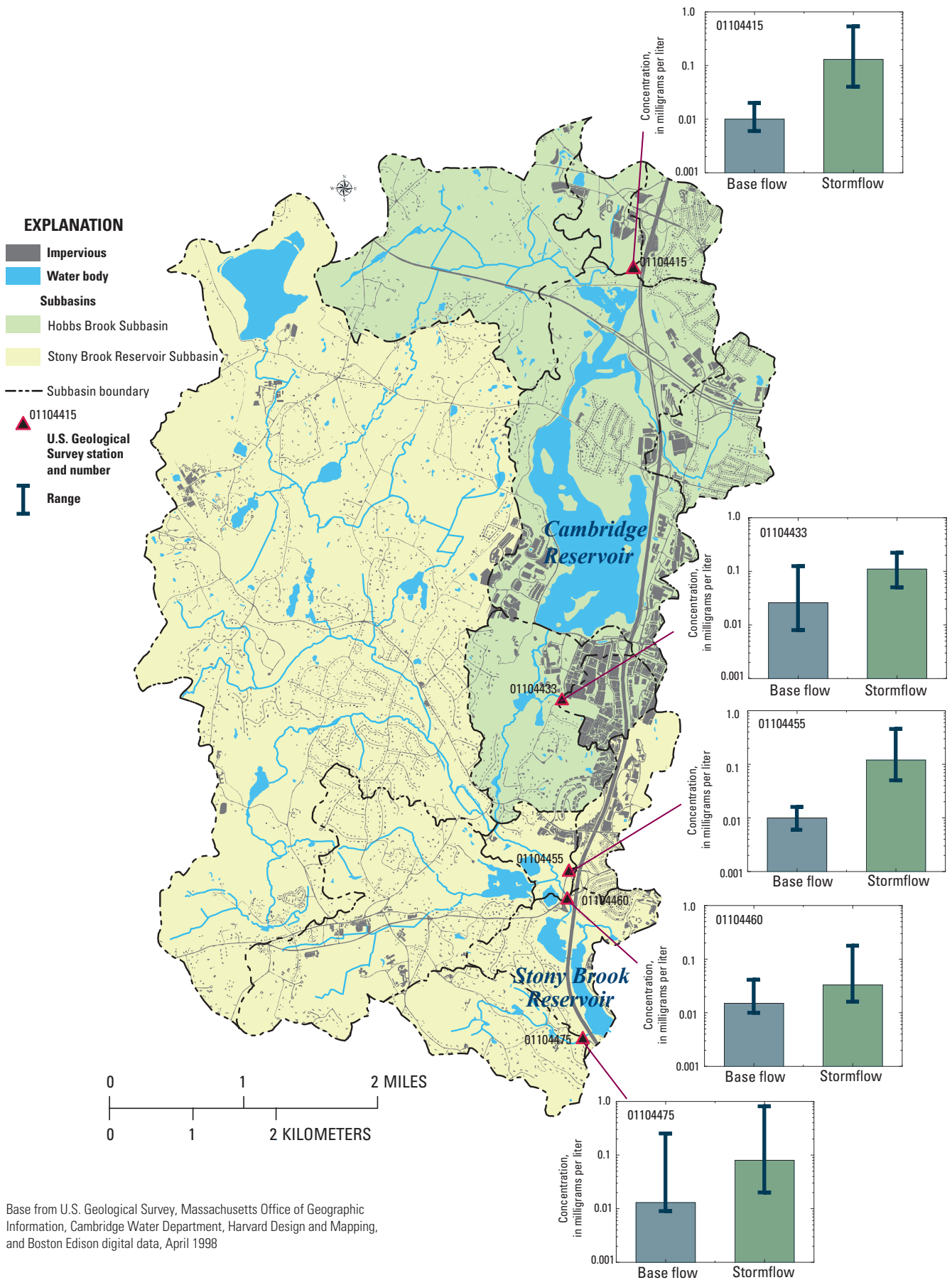


Figure 3. Distribution and median concentrations of total phosphorus in base-flow and stormflow samples from five U.S. Geological Survey stations in the drinking-water source area for Cambridge, Massachusetts, 2005–8.

Pesticides were detected at trace levels throughout the drinking-water source area

Pesticides, including herbicides, fungicides, and insecticides, are commonly used by homeowners to control nuisance plants, fungi, and insects in homes and gardens. Twenty-five pesticides were detected in water samples collected in the drinking-water source area; six pesticides also were detected in raw water collected from the Cambridge water-treatment facility intake at the Fresh Pond Reservoir (fig. 4). Most of the detected pesticides are in over-the-counter products used for turf management and the treatment of ornamental shrubs. Although many pesticides were detected in the drinking-water source area, only nine compounds were detected at a frequency greater than or equal to 15 percent. Imidacloprid, an insecticide, and norflurazon and siduron, both herbicides, were detected in about 24 to 41 percent of all samples.

Although the frequency of detection varied from tributary to tributary, concentrations of pesticides typically were less than 1 µg/L (microgram per liter or parts per billion). These concentrations did not exceed U.S. Environmental Protection Agency drinking-water guidelines or other health standards and were several orders of magnitude less than lethal exposure levels established for several fish species common to the drinking-water source area (except in several samples containing elevated concentrations of imidacloprid that exceeded available long-term aquatic-life guidelines; fig. 4). Although imidacloprid was detected in many tributaries, the frequency of detection in samples collected at USGS station 01104475, the drainage point of a residential area adjacent to the Stony Brook Reservoir, was 94 percent.

Caffeine Detected in Drinking-Water Source Area

Caffeine is commonly detected in streams and rivers throughout the United States and generally is considered an indicator of domestic or municipal wastewater contamination. Caffeine can also be introduced into the environment by spilled caffeinated beverages or leaching of caffeine-laden litter. Caffeine was detected in about 64 percent of 171 water samples at concentrations ranging from 0.003 to 1.82 µg/L. Although generally present during base-flow conditions, caffeine was detected more frequently in composites of stormflow. Base-flow concentrations of caffeine correlated significantly with parking-lot land use throughout the drinking-water supply area. The estimated annual load of caffeine to the Stony Brook Reservoir was equivalent to about 6,500 12-ounce cups of coffee, each of which was assumed to contain about 346 mg/L of caffeine.

Watershed Management Through Continuous Hydrologic and Water-Quality Monitoring

Effective management of the drinking-water source area requires an understanding of how streamwater quality is affected by natural and cultural watershed factors. Drought and severe weather are examples of natural factors, whereas the proportion of impervious area and application of pesticides are cultural factors. Because of the diverse land use within the drinking-water source area, a large number of constituents with varied transport mechanisms could potentially enter the drinking-water supply. Low-salt areas and structural best management practices could

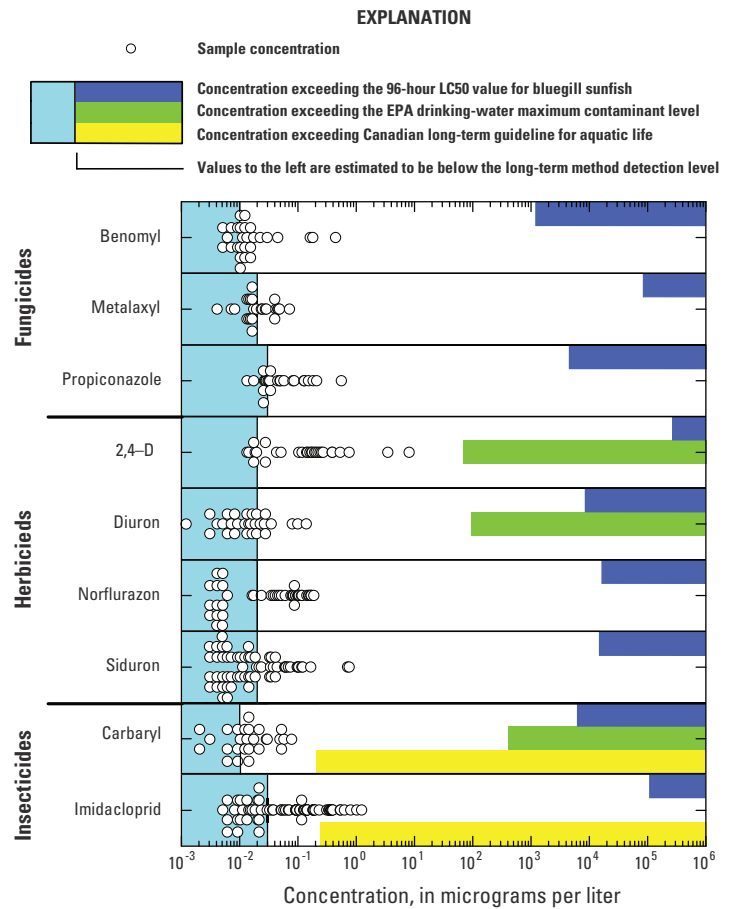


Figure 4. Concentrations of selected pesticides detected in samples of water collected during base flow and storms at all monitoring stations in the Cambridge drinking-water source area, water years 2005–8. (The LCD50 value is the concentration of a constituent in water that killed 50 percent of the test animals during the observation period.) Figure modified from Smith (2013).

minimize the quantity of potentially harmful constituents entering the drinking-water source area.

Hydrologic and water-quality monitoring is important for the effective management and protection of drinking-water supplies. Currently (2015), the USGS, in cooperation with the CWD, operates a network of 11 stations where both the quantity and the quality of water are monitored because these factors determine the physical, chemical, and biological state of the water supply. Without accurate information about the past and current condition of the water supply, effective management strategies cannot be implemented or evaluated.



Discharge measurement at U.S. Geological Survey streamgage (01104415) near Lexington, Mass.

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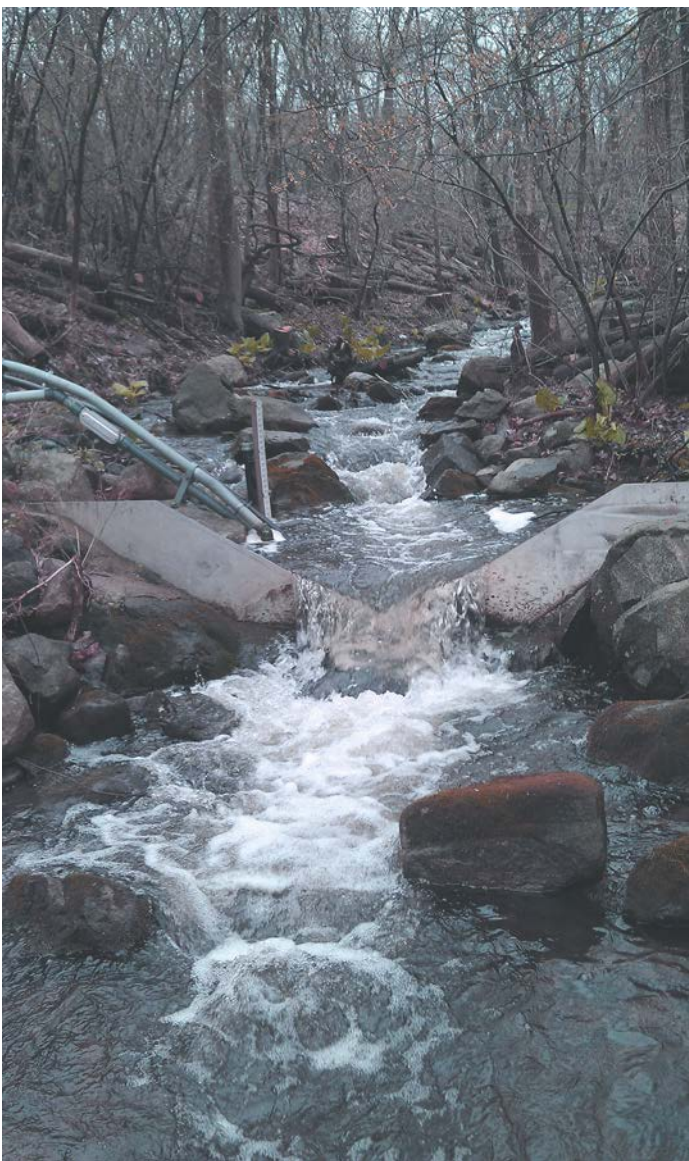
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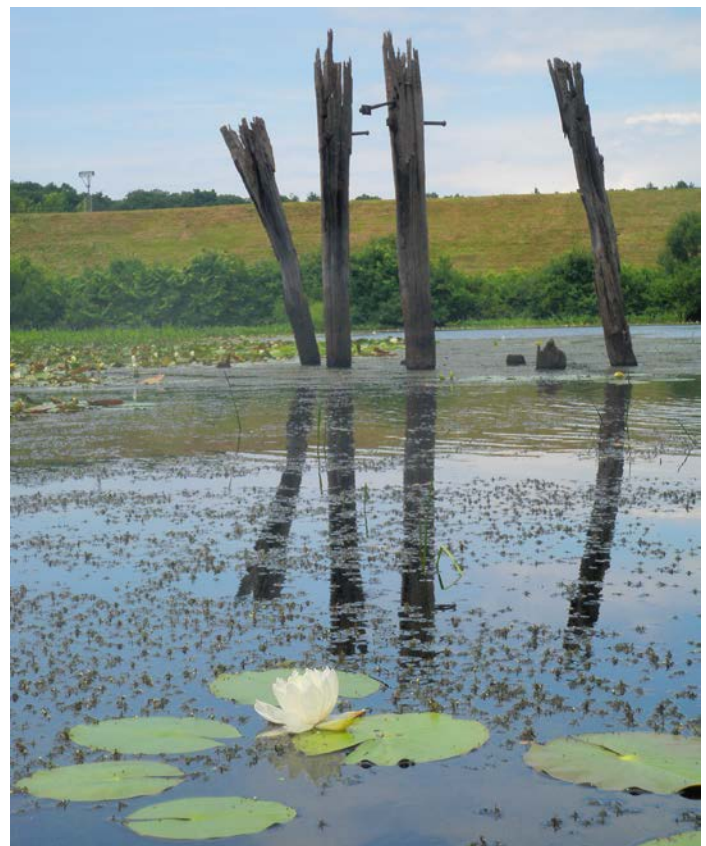
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Weir at U.S. Geological Survey streamgage (01104475) near Weston, Mass.



Outlet pond below Stony Brook Reservoir, U.S. Geological Survey streamgage (01104480) near Waltham, Mass.

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