

# Grandet An Aksion

**Thursdays, 10:30am-3:00pm**

**Grandet An Aksion  
(Haitian Seniors in Action)**



**The Haitian Elder Group meets weekly and offers a space for conversation and to gather with friends.**

**This is a facilitator led group, focusing on wellness ideas, recipes, and book discussions.**

**Lunch is provided.**



Cambridge Council on Aging, 806 Massachusetts Avenue, Cambridge, MA 02139 T-617-349-6220

[www.cambridgema.gov/councilonaging](http://www.cambridgema.gov/councilonaging)